

## **Notes for Examination in Clinical Laboratory**

### Information for Routine Examination

1. Please come to laboratory before breakfast (before 9:30) to make blood test, 12-hour fasting is necessary, but a little water is allowed.
2. Blood routine inspection could be done during the working time.
3. Urine routine inspection. First, take a disposable cup from laboratory window; Second, take more than 1/2 cup of urine in the toilet; Third, give the sample with the inspection sheet to doctor.
4. Stool routine inspection. First, take a disposable cup and a cotton swab from laboratory window; Second, take more than 1/3 cup of stool in the toilet; Third, give the sample with the inspection sheet to doctor.

Hemostasis notes. Give your inspection sheet to doctor after payment, and then sit in front of the laboratory window, roll up your sleeves and put forearm flat on the inspection table. Please press the tiny blood hole with a cotton ball (for 5 minutes) until the tiny hole is not bleeding any more, and then throw the cotton ball into the medical waste trash.

## **Notes for Clinical Biochemistry Inspection**

1. Liver function inspection. Keep daily eating habits for three days before inspection. No eating for 12 hours (a little water is allowed) and no exercise before inspection.
2. Fasting blood sugar inspection. No diets high in added sugar, no beverages or infusion of glucose liquid before inspection.
3. Blood lipid inspection. Keep daily eating habits for two weeks before inspection. No alcohol for 24 hours, no eating for 12 hours (a little water is allowed) and no exercise before inspection.

Note: Routine inspection report can be taken within 30 minutes after inspection. Clinical biochemistry inspection report can be taken after 4 p.m. on that day.