

INTERNATIONAL CAMPUS, ZHEJIANG UNIVERSITY DINING CENTER THE WEEK MENU (2020.1.13-2.9)

NOV	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五	Saturday 星期六	Sunday 星期日
蛋和肉类 Eggs & Meat	水煮蛋/茶叶蛋 Boiled egg	水煮蛋/茶叶蛋 Boiled egg	水煮蛋/茶叶蛋 Boiled egg	水煮蛋/茶叶蛋 Boiled egg	水煮蛋/茶叶蛋 Boiled egg	水煮蛋/茶叶蛋 Boiled egg	水煮蛋/茶叶蛋 Boiled egg
	培根 Bacon	培根 Bacon	煎蛋 Fried egg	培根 Bacon	培根 Bacon	培根 Bacon	培根 Bacon
包子 Bun	鸡汁肉包 Steamed minced pork bun	鸡汁肉包 Steamed minced pork bun	鸡汁肉包 Steamed minced pork bun	鸡汁肉包 Steamed minced pork bun	鸡汁肉包 Steamed minced pork bun	鸡汁肉包 Steamed minced pork bun	鸡汁肉包 Steamed minced pork bun
	咸菜包 Steamed pickle bun	豆沙包 Steamed stuffed red bean bun	咸菜包 Steamed pickle bun	豆沙包 Steamed stuffed red bean bun	咸菜包 Steamed pickle bun	豆沙包 Steamed stuffed red bean bun	咸菜包 Steamed pickle bun
蒸炸点心类 Chinese breakfast	奶黄包 Steamed stuffed custard bun	水饺(8个) Dumplings	黄金糕 Golden cake	奶黄包 Steamed stuffed custard bun	紫薯包 Steamed stuffed purple sweet potato bun	水饺(8个) Dumplings	奶黄包 Steamed stuffed custard bun
	煎饺 Pan-fried dumplings	紫薯包 Steamed stuffed purple sweet potato bun	煎饺 Pan-fried dumplings	糯米烧卖 Steamed sticky rice shumai	煎饺 Pan-fried dumplings	黄金糕 Golden cake	煎饺 Pan-fried dumplings
	大肉粽 Traditional Chinese pork and sticky rice pudding	大肉粽 Traditional Chinese pork and sticky rice pudding	大肉粽 Traditional Chinese pork and sticky rice pudding	汤圆(5个) Sweet soup balls	大肉粽 Traditional Chinese pork and sticky rice pudding	大肉粽 Traditional Chinese pork and sticky rice pudding	大肉粽 Traditional Chinese pork and sticky rice pudding
	火腿炒饭 Stir-fried ham and rice	炒河粉 Stir-fried rice noodles	青菜炒饭 Stir-fried greens and rice	雪菜炒饭 Stir-fried pickles and rice	火腿炒饭 Stir-fried ham and rice	青菜炒饭 Stir-fried greens and rice	炒年糕 Stir-fried rice cake
粥类 Porridge	原味白粥 Rice congee	原味白粥 Rice congee	原味白粥 Rice congee	原味白粥 Rice congee	原味白粥 Rice congee	原味白粥 Rice congee	原味白粥 Rice congee
现场制作 Show cooking station	小馄饨 Boiled small wonton soup	小馄饨 Boiled small wonton soup	小馄饨 Boiled small wonton soup	小馄饨 Boiled small wonton soup	小馄饨 Boiled small wonton soup	小馄饨 Boiled small wonton soup	小馄饨 Boiled small wonton soup
	葱油拌面 Mixed noodles with hot onion oil	葱油拌面 Mixed noodles with hot onion oil	葱油拌面 Mixed noodles with hot onion oil	葱油拌面 Mixed noodles with hot onion oil	葱油拌面 Mixed noodles with hot onion oil	葱油拌面 Mixed noodles with hot onion oil	葱油拌面 Mixed noodles with hot onion oil
午餐/晚餐 Lunch/Dinner	土豆炖牛腩 Stewed beef and potato	尖椒牛柳 Stir-fried beef and pepper	水煮牛肉 Boiled sliced beef in spicy sauce	洋葱青椒炒牛肚 Stir-fried tripe and green pepper & onion	木耳烧肉 Braised pork and agaric in soy sauce	风味牛肉片 Stir-fried beef and garlic bolt	黑椒鲍菇牛肉 Stir-fried pleurotus cryngii and beef
	鸡蛋烧肉 Braised pork and egg	腊笋烧肉 Braised pork and dried bamboo shoot in soy sauce	油豆腐烧肉 Braised pork and oil tofu in soy sauce	千张结烧肉 Braised pork and thin sheets of bean curd	黑椒鸡柳 Stir-fried chicken with black pepper	梅干菜焖肉 Braised pork and preserved vegetable in soy sauce	豆腐干烧肉 Braised pork and dried tofu in soy sauce
	糖醋里脊 Stir-fried chicken in sweet and sour sauce	酱椒鱼块 Steamed fish with pickled pepper	三杯鸡 Stir-fried chicken and garlic	蒜香鸡上腿 Fried drumstick with garlic	香炸鸡腿 Fried chicken leg	白切鸡 Boiled chicken	当红鸡腿 Braised drumstick
	炸鸡翅根 Fried chicken wing	黑椒鸡排 Stir-fried chicken chop with black pepper	天椒小炒肉 Stir-fried pork and green pepper	葱油龙利鱼 Steamed sole fish with green onion oil	剁椒鳊鱼 Braised fish with chopped chili	香炸鸡排 Fried chicken chop	香菇滑鸡 Steamed chicken and mushroom
	五彩鱼丁 Stir-fried fish and vegetables	咖喱土豆鸡块 Stir-fried chicken and chopped potato with curry	干烧罗非鱼 Braised tilapia	宫保鸡丁 Stir-fried diced chicken and potato & peanut	杂菇焖牛肉丸 Stewed beef ball and mushroom	红烧草鱼 Braised fish in soy sauce	葱油罗非鱼 Steamed tilapia with chive oil
	白菜及皮炒卷丁 Stir-fried bean curd skin stuffed with pork, pig skin and Chinese sausage	青椒鲍菇肉片 Stir-fried pork, pleurotus cryngii and green pepper	香煎鸡扒 Fried chicken chop	莴笋蘑菇肉片 Stir-fried pork, lettuce and mushroom	碧绿虾仁 Stir-fried celery and shrimp	尖椒风味炒仔鸭 Stir-fried duck and pepper	炒三鲜 Stir-fried pork and quail egg & greens
	尖椒炒茄子 Stir-fried eggplant and green pepper	番茄炒蛋 Stir-fried tomato and egg in Chinese style	干锅有机花菜 Stir-fried pork and cauliflower	家常豆腐 Stir-fried tofu and sliced pork	西湖牛肉羹 West lake beef broth	地三鲜 Stir-fried fried potato and green pepper & eggplant	干锅干豆腐 Stir-fried tofu and sliced pork
	西施豆腐 Tofu & pork thick soup	大蒜干张 Stir-fried thin sheets of bean curd and garlic bolt	肉沫水波蛋 Steamed egg custard with minced pork	蒜泥芸豆 Stir-fried kidney bean and garlic	青蒜腊笋 Stir-fried bamboo shoot and garlic bolt	番茄炒蛋 Stir-fried tomato and egg in Chinese style	青椒炒蛋 Stir-fried green pepper and egg
	干锅土豆片 Dry-fried potato	蒜泥西兰花 Stir-fried broccoli and garlic	莴笋山药 Stir-fried lettuce and yam	包菜粉丝炒蛋 Stir-fried egg and bean vermicelli	葱油芋艿 Steamed taro with green onion oil	蒜泥西兰花 Stir-fried broccoli and garlic	蒜泥豇豆 Stir-fried cowpea and garlic
	清炒花菜 Stir-fried cauliflower	雪菜素鸡 Stir-fried bean curd and pickles	水腌菜油泼干 Stir-fried dried tofu and pickles	酸辣土豆丝 Stir-fried shredded potato in sour and spicy sause	玉米甜豆 Stir-fried corn and beans	酸辣海带 Stir-fried kelp in spicy and sour sauce	水腌菜毛豆 Stir-fried green soy bean and pickle
	酱烤包心菜 Stir-fried cabbage in spicy and sour sauce	清炒土豆丝 Stir-fried shredded potato	葱香西葫芦 Stir-fried summer squash	清炒包心菜 Fried cabbage	油豆腐大白菜 Stir-fried Chinese cabbage and bean curd	清炒冬瓜 Stir-fried wax gourd	葱香西葫芦 Stir-fried summer squash
	清炒毛毛菜 Stir-fried greens	清炒青菜 Stir-fried greens	蒜泥生菜 Stir-fried lettuce and garlic	蒜泥油麦菜 Stir-fried leaf lettuce with garlic	清炒青菜 Stir-fried greens	清炒毛毛菜 Stir-fried greens	清炒青菜 Stir-fried greens
	蒸南瓜 Pumpkin	蒸番薯 Sweet potato	蒸南瓜 Pumpkin	蒸番薯 Sweet potato	蒸南瓜 Pumpkin	蒸番薯 Sweet potato	蒸南瓜 Pumpkin