

INTERNATIONAL CAMPUS, ZHEJIANG UNIVERSITY DINING CENTER THE WEEK MENU (2025.11.10-2025.11.16)																	
DATE		Monday 星期一 Nov.10	¥	Tuesday 星期二 Nov.11	¥	Wednesday 星期三 Nov.12	¥	Thursday 星期四 Nov.13	¥	Friday 星期五 Nov.14	¥	Saturday 星期六 Nov.15	¥	Sunday 星期日 Nov.16	¥		
字体标红的为厨师长推荐菜Dishes highlighted in red are the chef's recommendations.																	
	豆浆 Soy milk	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2		
		咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1		
		豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5		
	新鲜牛奶 Milk	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4		
	酸奶 Yogurt	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6		
	中式酱菜 Chinese pickles	三款 Three types													0.5		
		鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5
		香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2
		酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2
		豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1

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			荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1
			蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4
			豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2
			吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1
			海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2
			香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2
			*笋衣炒肉（徽） Sautéed Pork with Bamboo Shoot Slices	6	*笋衣炒肉（徽） Sautéed Pork with Bamboo Shoot Slices	6	*笋衣炒肉（徽） Sautéed Pork with Bamboo Shoot Slices	6	*笋衣炒肉（徽） Sautéed Pork with Bamboo Shoot Slices	6	*笋衣炒肉（徽） Sautéed Pork with Bamboo Shoot Slices	6	*笋衣炒肉（徽） Sautéed Pork with Bamboo Shoot Slices	6
			*糟片鸭（闽） Spicy and hot bean curd	7	*糟片鸭（闽） Spicy and hot bean curd	7	*糟片鸭（闽） Spicy and hot bean curd	7	*徽州炒粉丝（徽） Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝（徽） Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝（徽） Huizhou-style Fried Vermicelli	3.5
			*徽州炒粉丝（徽） Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝（徽） Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝（徽） Huizhou-style Fried Vermicelli	3.5	*鸡蛋扑毛豆（徽） Scrambled Eggs with Soybeans	3.5	*鸡蛋扑毛豆（徽） Scrambled Eggs with Soybeans	3.5	*鸡蛋扑毛豆（徽） Scrambled Eggs with Soybeans	3.5
			*鸡蛋扑毛豆（徽） Scrambled Eggs with Soybeans	3.5	*鸡蛋扑毛豆（徽） Scrambled Eggs with Soybeans	3.5	*鸡蛋扑毛豆（徽） Scrambled Eggs with Soybeans	3.5	*农家炒鸡（湘） Stir-Fried Chicken	7	*农家炒鸡（湘） Stir-Fried Chicken	7	*农家炒鸡（湘） Stir-Fried Chicken	7
			*番虾锅巴（浙） Shrimp with Crispy Rice Crust	3	*番虾锅巴（浙） Shrimp with Crispy Rice Crust	3	*番虾锅巴（浙） Shrimp with Crispy Rice Crust	3	*辣炒空心菜（湘） Stir-Fried Water Spinach with Fermented Black Beans	2.5	*辣炒空心菜（湘） Stir-Fried Water Spinach with Fermented Black Beans	2.5	*辣炒空心菜（湘） Stir-Fried Water Spinach with Fermented Black Beans	2.5
			*栗子仔鸡（浙） Braised Spring Chicken with Chestnuts	5	*栗子仔鸡（浙） Braised Spring Chicken with Chestnuts	5	*栗子仔鸡（浙） Braised Spring Chicken with Chestnuts	5	*回锅肉（川） Double cooked pork slices	5	*回锅肉（川） Double cooked pork slices	5	*回锅肉（川） Double cooked pork slices	5
			*椒麻小酥肉（川） Crispy Fried Chicken	6	*椒麻小酥肉（川） Crispy Fried Chicken	6	*椒麻小酥肉（川） Crispy Fried Chicken	6	*香辣金钱蛋（湘） Spicy Golden Coin Eggs	4	*香辣金钱蛋（湘） Spicy Golden Coin Eggs	4	*香辣金钱蛋（湘） Spicy Golden Coin Eggs	4

二楼 2F	午餐及晚餐 Lunch & Dinner	中餐自选 Daily Dishes	*黄花菜蒸鸡 (蒸) Steamed Chicken with Daylily Flowers	7	*黄花菜蒸鸡 (蒸) Steamed Chicken with Daylily Flowers	7	*黄花菜蒸鸡 (蒸) Steamed Chicken with Daylily Flowers	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7
			*辣味老豆腐 (蒸) Steamed Spicy Tofu	3	*辣味老豆腐 (蒸) Steamed Spicy Tofu	3	*辣味老豆腐 (蒸) Steamed Spicy Tofu	3	*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5	*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5	*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5	*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5
			*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5	*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5	*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7
			*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4	*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4	*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4	*花蛤蒸蛋 (蒸) Steamed Egg with Clams	4	*花蛤蒸蛋 (蒸) Steamed Egg with Clams	4	*花蛤蒸蛋 (蒸) Steamed Egg with Clams	4	*花蛤蒸蛋 (蒸) Steamed Egg with Clams	4
			*剁椒巴沙鱼 (蒸) Steamed Basa Fish with Chopped Peppers	5	*剁椒巴沙鱼 (蒸) Steamed Basa Fish with Chopped Peppers	5	*剁椒巴沙鱼 (蒸) Steamed Basa Fish with Chopped Peppers	5	*油豆腐塞肉 (蒸) Steamed Fried Tofu Stuffed with Pork	4	*油豆腐塞肉 (蒸) Steamed Fried Tofu Stuffed with Pork	4	*油豆腐塞肉 (蒸) Steamed Fried Tofu Stuffed with Pork	4	*油豆腐塞肉 (蒸) Steamed Fried Tofu Stuffed with Pork	4
			回锅肉 Double cooked pork slices	5	回锅肉 Double cooked pork slices	5	回锅肉 Double cooked pork slices	5	杭椒牛柳 Stir-fried beef fillet with green pepper	8	杭椒牛柳 Stir-fried beef fillet with green pepper	8	杭椒牛柳 Stir-fried beef fillet with green pepper	8	杭椒牛柳 Stir-fried beef fillet with green pepper	8
			辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7	辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7	辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7	糖醋里脊 Braised sweet and sour fillet of pork	4.5	糖醋里脊 Braised sweet and sour fillet of pork	4.5	糖醋里脊 Braised sweet and sour fillet of pork	4.5	糖醋里脊 Braised sweet and sour fillet of pork	4.5
			五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8
			姜丝鸭 Stir-fried duck with shredded ginger	5	姜丝鸭 Stir-fried duck with shredded ginger	5	姜丝鸭 Stir-fried duck with shredded ginger	5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5
			剁椒鲢鳙鱼 Steamed Butterfish with Chopped Chili	4.5	剁椒鲢鳙鱼 Steamed Butterfish with Chopped Chili	4.5	剁椒鲢鳙鱼 Steamed Butterfish with Chopped Chili	4.5	腊鸡腿 Cured chicken legs	4.5	腊鸡腿 Cured chicken legs	4.5	腊鸡腿 Cured chicken legs	4.5	腊鸡腿 Cured chicken legs	4.5
			盐水虾 Brine prawn	8	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8	尖椒鸡 Stir-fried chicken nuggets with pepper	6	尖椒鸡 Stir-fried chicken nuggets with pepper	6	尖椒鸡 Stir-fried chicken nuggets with pepper	6	尖椒鸡 Stir-fried chicken nuggets with pepper	6
			东坡肉 Braised Dongpo pork	5	东坡肉 Braised Dongpo pork	5	东坡肉 Braised Dongpo pork	5	剁椒草鱼 Steamed grass carp with chopped chilli	4.5	剁椒草鱼 Steamed grass carp with chopped chilli	4.5	剁椒草鱼 Steamed grass carp with chopped chilli	4.5	剁椒草鱼 Steamed grass carp with chopped chilli	4.5

土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5
莴笋鸡片 Sautéed Chicken Slices with Lettuce	4.5	莴笋鸡片 Sautéed Chicken Slices with Lettuce	4.5	莴笋鸡片 Sautéed Chicken Slices with Lettuce	4.5	土豆烧肉 Braised potato with pork meat	4.5	土豆烧肉 Braised potato with pork meat	4.5	土豆烧肉 Braised potato with pork meat	4.5	土豆烧肉 Braised potato with pork meat	4.5
虎皮鹌鹑蛋 Quail Eggs	5	虎皮鹌鹑蛋 Quail Eggs	5	虎皮鹌鹑蛋 Quail Eggs	5	西芹鸡柳 Stir-fried celery and chicken fillet	5	西芹鸡柳 Stir-fried celery and chicken fillet	5	西芹鸡柳 Stir-fried celery and chicken fillet	5	西芹鸡柳 Stir-fried celery and chicken fillet	5
白切鸡 Boiled sliced chicken	5	白切鸡 Boiled sliced chicken	5	白切鸡 Boiled sliced chicken	5	肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5	肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5	肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5	肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5
家常豆腐 Home-style bean curd	3	家常豆腐 Home-style bean curd	3	家常豆腐 Home-style bean curd	3	蒜泥豇豆 Stir-fried cowpea with mashed garlic	3	蒜泥豇豆 Stir-fried cowpea with mashed garlic	3	蒜泥豇豆 Stir-fried cowpea with mashed garlic	3	蒜泥豇豆 Stir-fried cowpea with mashed garlic	3
干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	鸭血豆腐 Stir-fried duck blood and toufu	3	鸭血豆腐 Stir-fried duck blood and toufu	3	鸭血豆腐 Stir-fried duck blood and toufu	3	鸭血豆腐 Stir-fried duck blood and toufu	3
双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3
豇豆香干 Stir-fried Long Beans with Dried Tofu	3	豇豆香干 Stir-fried Long Beans with Dried Tofu	3	豇豆香干 Stir-fried Long Beans with Dried Tofu	3	咖喱土豆条 Curried potato chips	2.5	咖喱土豆条 Curried potato chips	2.5	咖喱土豆条 Curried potato chips	2.5	咖喱土豆条 Curried potato chips	2.5
酱爆茄子 Braised pickled cabbage with toufu	2.5	酱爆茄子 Braised pickled cabbage with toufu	2.5	酱爆茄子 Braised pickled cabbage with toufu	2.5	肉饼蒸蛋 Custard with minced pork	3.5	肉饼蒸蛋 Custard with minced pork	3.5	肉饼蒸蛋 Custard with minced pork	3.5	肉饼蒸蛋 Custard with minced pork	3.5
番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5
清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5
腐皮青菜 Stir-fried greens with beancurd sheet	2	腐皮青菜 Stir-fried greens with beancurd sheet	2	腐皮青菜 Stir-fried greens with beancurd sheet	2	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5

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