

INTERNATIONAL CAMPUS, ZHEJIANG UNIVERSITY DINING CENTER THE WEEK MENU (2025.11.17-2025.11.23)																	
DATE		Monday 星期一 Nov.17	¥	Tuesday 星期二 Nov.18	¥	Wednesday 星期三 Nov.19	¥	Thursday 星期四 Nov.20	¥	Friday 星期五 Nov.21	¥	Saturday 星期六 Nov.22	¥	Sunday 星期日 Nov.23	¥		
字体标红的为厨师长推荐菜Dishes highlighted in red are the chef's recommendations.																	
	豆浆 Soy milk	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2		
		咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1		
		豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5		
	新鲜牛奶 Milk	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4		
	酸奶 Yogurt	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6		
	中式酱菜 Chinese pickles	三款 Three types													0.5		
		鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5
		香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2
		酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2	酸菜粉丝包 Sour Cabbage and Vermicelli Bun	2
		豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1

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			荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1	荷包蛋 Fried Egg	1
			蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4
			豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2
			吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1
			海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2
			香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2	香蕉 Banana	2
			*辣子肥肠 (川) Spicy Pork Intestines	10	*辣子肥肠 (川) Spicy Pork Intestines	10	*辣子肥肠 (川) Spicy Pork Intestines	10	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9
			*干锅千张 (徽) Dry Pot Crispy Tofu Skins	2.5	*干锅千张 (徽) Dry Pot Crispy Tofu Skins	2.5	*干锅千张 (徽) Dry Pot Crispy Tofu Skins	2.5	*徽式杀猪菜 (徽) Huizhou-style Pork Offal Stew	5.5	*徽式杀猪菜 (徽) Huizhou-style Pork Offal Stew	5.5	*徽式杀猪菜 (徽) Huizhou-style Pork Offal Stew	5.5
			*水煮肉片 (川) Sliced Pork in Spicy Broth	5	*水煮肉片 (川) Sliced Pork in Spicy Broth	5	*水煮肉片 (川) Sliced Pork in Spicy Broth	5	*酸菜鱼 (川) Fish with Pickled Mustard Greens	6.5	*酸菜鱼 (川) Fish with Pickled Mustard Greens	6.5	*酸菜鱼 (川) Fish with Pickled Mustard Greens	6.5
			*椒盐茶树菇 (闽) Spiced Salted Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Spiced Salted Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Spiced Salted Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Spiced Salted Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Spiced Salted Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Spiced Salted Tea Tree Mushrooms	4
			*炆炒包菜 (川) Fried cabbage	3.5	*炆炒包菜 (川) Fried cabbage	3.5	*炆炒包菜 (川) Fried cabbage	3.5	*鸡蛋扑毛豆 (徽) Scrambled Eggs with Soybeans	3.5	*鸡蛋扑毛豆 (徽) Scrambled Eggs with Soybeans	3.5	*鸡蛋扑毛豆 (徽) Scrambled Eggs with Soybeans	3.5
			*杭州油淋鸡 (浙) Hangzhou-Style Oil-Sizzled Chicken	6	*杭州油淋鸡 (浙) Hangzhou-Style Oil-Sizzled Chicken	6	*杭州油淋鸡 (浙) Hangzhou-Style Oil-Sizzled Chicken	6	*宋嫂鱼羹 (浙) Song Sao Fish Soup	3	*宋嫂鱼羹 (浙) Song Sao Fish Soup	3	*宋嫂鱼羹 (浙) Song Sao Fish Soup	3
			*毛豆米小公鸡 (徽) Stir-fried Tender Chicken with Edamame	5.5	*毛豆米小公鸡 (徽) Stir-fried Tender Chicken with Edamame	5.5	*毛豆米小公鸡 (徽) Stir-fried Tender Chicken with Edamame	5.5	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6

二楼 2F	午餐及晚餐 Lunch & Dinner	中餐自选 Daily Dishes	*笋干老鸭汤 Duck Soup with Dried Bamboo Shoots 6	*笋干老鸭汤 Duck Soup with Dried Bamboo Shoots 6	*笋干老鸭汤 Duck Soup with Dried Bamboo Shoots 6	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup 7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup 7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup 7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup 7
			*肉末蒸蛋 Steamed Egg with Minced Meat 3	*肉末蒸蛋 Steamed Egg with Minced Meat 3	*肉末蒸蛋 Steamed Egg with Minced Meat 3	*虾皮冬瓜 (蒸) Steamed Loofah with Dried Shrimp 3	*虾皮冬瓜 (蒸) Steamed Loofah with Dried Shrimp 3	*虾皮冬瓜 (蒸) Steamed Loofah with Dried Shrimp 3	*虾皮冬瓜 (蒸) Steamed Loofah with Dried Shrimp 3
			*油淋茄子 Steamed Eggplant with Hot Oil Drizzle 3	*油淋茄子 Steamed Eggplant with Hot Oil Drizzle 3	*油淋茄子 Steamed Eggplant with Hot Oil Drizzle 3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat 3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat 3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat 3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat 3
			*咸蛋黄肉饼 Steamed Pork Patty with Salted Egg Yolk 5	*咸蛋黄肉饼 Steamed Pork Patty with Salted Egg Yolk 5	*咸蛋黄肉饼 Steamed Pork Patty with Salted Egg Yolk 5	*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork 3.5	*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork 3.5	*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork 3.5	*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork 3.5
			*蒸排骨 Steamed Spare Ribs 6	*蒸排骨 Steamed Spare Ribs 6	*蒸排骨 Steamed Spare Ribs 6	*酱鸭蒸芋艿 (蒸) Steamed Taro with Braised Duck 6	*酱鸭蒸芋艿 (蒸) Steamed Taro with Braised Duck 6	*酱鸭蒸芋艿 (蒸) Steamed Taro with Braised Duck 6	*酱鸭蒸芋艿 (蒸) Steamed Taro with Braised Duck 6
			清蒸鸡腿 Steamed drumstick 4.5	清蒸鸡腿 Steamed drumstick 4.5	清蒸鸡腿 Steamed drumstick 4.5	白切肉 Boiled sliced pork 7	白切肉 Boiled sliced pork 7	白切肉 Boiled sliced pork 7	白切肉 Boiled sliced pork 7
			黑椒鸡柳 Braised chicken fillet with black pepper 5	黑椒鸡柳 Braised chicken fillet with black pepper 5	黑椒鸡柳 Braised chicken fillet with black pepper 5	蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic 6	蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic 6	蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic 6	蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic 6
			土豆鸡块 Stir-fried chicken nuggets with potato 4.5	土豆鸡块 Stir-fried chicken nuggets with potato 4.5	土豆鸡块 Stir-fried chicken nuggets with potato 4.5	五香牛肉 Spiced beef 12	五香牛肉 Spiced beef 12	五香牛肉 Spiced beef 12	五香牛肉 Spiced beef 12
			杭州卤鸭 Marinated duck in Hangzhou style 5	杭州卤鸭 Marinated duck in Hangzhou style 5	杭州卤鸭 Marinated duck in Hangzhou style 5	萝卜鸭块 Braised duck cutlets with radish 4.5	萝卜鸭块 Braised duck cutlets with radish 4.5	萝卜鸭块 Braised duck cutlets with radish 4.5	萝卜鸭块 Braised duck cutlets with radish 4.5
			家常千页豆腐 Home-style bean curd 4.5	家常千页豆腐 Home-style bean curd 4.5	家常千页豆腐 Home-style bean curd 4.5	椒盐大虾 Salt and Pepper Prawns / Shrimp 8	椒盐大虾 Salt and Pepper Prawns / Shrimp 8	椒盐大虾 Salt and Pepper Prawns / Shrimp 8	椒盐大虾 Salt and Pepper Prawns / Shrimp 8
			黑椒鸡排 Chicken cutlet in black pepper 4.5	黑椒鸡排 Chicken cutlet in black pepper 4.5	黑椒鸡排 Chicken cutlet in black pepper 4.5	广式鲈鱼 Steamed bass with Cantonese style 7	广式鲈鱼 Steamed bass with Cantonese style 7	广式鲈鱼 Steamed bass with Cantonese style 7	广式鲈鱼 Steamed bass with Cantonese style 7
			葱油草鱼 Steamed grass carp with scallion 4.5	葱油草鱼 Steamed grass carp with scallion 4.5	葱油草鱼 Steamed grass carp with scallion 4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce 4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce 4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce 4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce 4.5

油豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	红烧鱼块 Braised fish block in brown sauce	5	红烧鱼块 Braised fish block in brown sauce	5	红烧鱼块 Braised fish block in brown sauce	5	红烧鱼块 Braised fish block in brown sauce	5
平菇肉片 Sautéed Pork Slices with Oyster Mushrooms	4.5	平菇肉片 Sautéed Pork Slices with Oyster Mushrooms	4.5	平菇肉片 Sautéed Pork Slices with Oyster Mushrooms	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5
香辣虾 Fried shrimin hot and spicy sauce	8	香辣虾 Fried shrimin hot and spicy sauce	8	香辣虾 Fried shrimin hot and spicy sauce	8	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5
外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5	外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5	外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5	麻辣鸭血 Braised duck blood in spicy sauce	4	麻辣鸭血 Braised duck blood in spicy sauce	4	麻辣鸭血 Braised duck blood in spicy sauce	4	麻辣鸭血 Braised duck blood in spicy sauce	4
清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5
冬咸菜毛豆 Stir-fried green soy bean with pickles	3	冬咸菜毛豆 Stir-fried green soy bean with pickles	3	冬咸菜毛豆 Stir-fried green soy bean with pickles	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3
番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5
干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	外婆菜豇豆 Stir-fried String Beans with Preserved Vegetables	3	外婆菜豇豆 Stir-fried String Beans with Preserved Vegetables	3	外婆菜豇豆 Stir-fried String Beans with Preserved Vegetables	3	外婆菜豇豆 Stir-fried String Beans with Preserved Vegetables	3
麻辣豆腐 Spicy bean curd	3	麻辣豆腐 Spicy bean curd	3	麻辣豆腐 Spicy bean curd	3	双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5
清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	土豆茄子 Braised Potato and Eggplant	3	土豆茄子 Braised Potato and Eggplant	3	土豆茄子 Braised Potato and Eggplant	3	土豆茄子 Braised Potato and Eggplant	3
红枣蒸南瓜 Steamed pumpkin with red dates	3	红枣蒸南瓜 Steamed pumpkin with red dates	3	红枣蒸南瓜 Steamed pumpkin with red dates	3	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2
清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒花菜 Stir-fried cauliflower	2.5	清炒花菜 Stir-fried cauliflower	2.5	清炒花菜 Stir-fried cauliflower	2.5	清炒花菜 Stir-fried cauliflower	2.5

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