

INTERNATIONAL CAMPUS, ZHEJIANG UNIVERSITY DINING CENTER THE WEEK MENU (2026.1.12-2026.1.18)																	
DATE		Monday 星期一 Jan.12	¥	Tuesday 星期二 Jan.13	¥	Wednesday 星期三 Jan.14	¥	Thursday 星期四 Jan.15	¥	Friday 星期五 Jan.16	¥	Saturday 星期六 Jan.17	¥	Sunday 星期日 Jan.18	¥		
字体标红的为厨师长推荐菜Dishes highlighted in red are the chef's recommendations.																	
	豆浆 Soy milk	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2		
		咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1		
		豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5		
	新鲜牛奶 Milk	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4		
	酸奶 Yogurt	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6		
	中式酱菜 Chinese pickles	三款 Three types															
		鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5
		香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2
		酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2
		豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1

早餐
Breakfast

[illegible]

[illegible]

			蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4
			豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2
			吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1
			海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2
			*青椒肥肠 (川) Spicy Pork Intestines	10	*青椒肥肠 (川) Spicy Pork Intestines	10	*青椒肥肠 (川) Spicy Pork Intestines	10	*盐城肉坨子 (苏) Glutinous Rice and Pork Meatballs	4	*盐城肉坨子 (苏) Glutinous Rice and Pork Meatballs	4	*盐城肉坨子 (苏) Glutinous Rice and Pork Meatballs	4
			*徽州炒粉丝 (徽) Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝 (徽) Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝 (徽) Huizhou-style Fried Vermicelli	3.5	*干锅千张 (徽) Dry Pot Crispy Tofu Skins	2.5	*干锅千张 (徽) Dry Pot Crispy Tofu Skins	2.5	*干锅千张 (徽) Dry Pot Crispy Tofu Skins	2.5
			*香煎豆腐 (湘) Pan-Fried Tofu	4	*香煎豆腐 (湘) Pan-Fried Tofu	4	*香煎豆腐 (湘) Pan-Fried Tofu	4	*水煮肉片 (川) Sliced Pork in Spicy Broth	5	*水煮肉片 (川) Sliced Pork in Spicy Broth	5	*水煮肉片 (川) Sliced Pork in Spicy Broth	5
			*香辣虾 (湘) Spicy Garlic Shrimp	7	*香辣虾 (湘) Spicy Garlic Shrimp	7	*香辣虾 (湘) Spicy Garlic Shrimp	7	*椒盐茶树菇 (闽) Pepper-Salt Fried Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Pepper-Salt Fried Tea Tree Mushrooms	4	*椒盐茶树菇 (闽) Pepper-Salt Fried Tea Tree Mushrooms	4
			*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*炆炒包菜 (川) Fried cabbage	2.5	*炆炒包菜 (川) Fried cabbage	2.5	*炆炒包菜 (川) Fried cabbage	2.5
			*回锅肉 (川) Double cooked pork slices	5	*回锅肉 (川) Double cooked pork slices	5	*回锅肉 (川) Double cooked pork slices	5	*杭州油淋鸡 (浙) Hangzhou-Style Oil-Sizzled Chicken	6	*杭州油淋鸡 (浙) Hangzhou-Style Oil-Sizzled Chicken	6	*杭州油淋鸡 (浙) Hangzhou-Style Oil-Sizzled Chicken	6
			*香辣金钱蛋 (湘) Spicy Golden Coin Eggs	4	*香辣金钱蛋 (湘) Spicy Golden Coin Eggs	4	*香辣金钱蛋 (湘) Spicy Golden Coin Eggs	4	*鱼香肉丝 (川) Yu Xiang Shredded Pork	5	*鱼香肉丝 (川) Yu Xiang Shredded Pork	5	*鱼香肉丝 (川) Yu Xiang Shredded Pork	5
			*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*笋干老鸭煲 (蒸) Duck Soup with Dried Bamboo Shoots	6	*笋干老鸭煲 (蒸) Duck Soup with Dried Bamboo Shoots	6	*笋干老鸭煲 (蒸) Duck Soup with Dried Bamboo Shoots	6
			*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5	*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5	*腊味芋艿 (蒸) Steamed Taro with Cured Meat	5	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat	3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat	3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat	3

二楼 2F	午餐及晚餐 Lunch & Dinner	中餐自选 Daily Dishes	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7	*虫草花蒸鸡 (蒸) Cordyceps flower and chicken soup	7	*油淋茄子 (蒸) Steamed Eggplant with Hot Oil Drizzle	3	*油淋茄子 (蒸) Steamed Eggplant with Hot Oil Drizzle	3	*油淋茄子 (蒸) Steamed Eggplant with Hot Oil Drizzle	3	*油淋茄子 (蒸) Steamed Eggplant with Hot Oil Drizzle	3
			*花蛤肉蒸蛋 (蒸) Steamed Egg with Clams	4	*花蛤肉蒸蛋 (蒸) Steamed Egg with Clams	4	*花蛤肉蒸蛋 (蒸) Steamed Egg with Clams	4	*咸鱼黄肉饼 (蒸) Steamed Pork Patty with Salted Egg Yolk	5	*咸鱼黄肉饼 (蒸) Steamed Pork Patty with Salted Egg Yolk	5	*咸鱼黄肉饼 (蒸) Steamed Pork Patty with Salted Egg Yolk	5	*咸鱼黄肉饼 (蒸) Steamed Pork Patty with Salted Egg Yolk	5
			*油豆腐塞肉(两个) (蒸) Steamed Fried Tofu Stuffed with Pork	4	*油豆腐塞肉(两个) (蒸) Steamed Fried Tofu Stuffed with Pork	4	*油豆腐塞肉(两个) (蒸) Steamed Fried Tofu Stuffed with Pork	4	*蒸排骨 (蒸) Steamed Spare Ribs	6	*蒸排骨 (蒸) Steamed Spare Ribs	6	*蒸排骨 (蒸) Steamed Spare Ribs	6	*蒸排骨 (蒸) Steamed Spare Ribs	6
			杭椒牛柳 Stir-fried beef fillet with green pepper	8	杭椒牛柳 Stir-fried beef fillet with green pepper	8	杭椒牛柳 Stir-fried beef fillet with green pepper	8	清蒸鸡腿 Steamed drumstick	4.5	清蒸鸡腿 Steamed drumstick	4.5	清蒸鸡腿 Steamed drumstick	4.5	清蒸鸡腿 Steamed drumstick	4.5
			糖醋里脊 Braised sweet and sour fillet of pork	4.5	糖醋里脊 Braised sweet and sour fillet of pork	4.5	糖醋里脊 Braised sweet and sour fillet of pork	4.5	黑椒鸡柳 Braised chicken fillet with black pepper	5	黑椒鸡柳 Braised chicken fillet with black pepper	5	黑椒鸡柳 Braised chicken fillet with black pepper	5	黑椒鸡柳 Braised chicken fillet with black pepper	5
			烩平菇 Braised Oyster Mushrooms	4	烩平菇 Braised Oyster Mushrooms	4	烩平菇 Braised Oyster Mushrooms	4	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5
			香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5	杭州卤鸭 Marinated duck in Hangzhou style	5	杭州卤鸭 Marinated duck in Hangzhou style	5	杭州卤鸭 Marinated duck in Hangzhou style	5	杭州卤鸭 Marinated duck in Hangzhou style	5
			腊鸡腿 Cured Chicken Leg	4.5	腊鸡腿 Cured Chicken Leg	4.5	腊鸡腿 Cured Chicken Leg	4.5	家常千页豆腐 Home-style bean curd	4.5	家常千页豆腐 Home-style bean curd	4.5	家常千页豆腐 Home-style bean curd	4.5	家常千页豆腐 Home-style bean curd	4.5
			尖椒鸡 Stir-fried chicken nuggets with pepper	6	尖椒鸡 Stir-fried chicken nuggets with pepper	6	尖椒鸡 Stir-fried chicken nuggets with pepper	6	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5
			剁椒草鱼 Steamed grass carp with chopped chilli	4.5	剁椒草鱼 Steamed grass carp with chopped chilli	4.5	剁椒草鱼 Steamed grass carp with chopped chilli	4.5	葱油草鱼 Steamed grass carp with scallion	4.5	葱油草鱼 Steamed grass carp with scallion	4.5	葱油草鱼 Steamed grass carp with scallion	4.5	葱油草鱼 Steamed grass carp with scallion	4.5
			红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	老豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	老豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	老豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	老豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5
			土豆烧肉 Braised potato with pork meat	4.5	土豆烧肉 Braised potato with pork meat	4.5	土豆烧肉 Braised potato with pork meat	4.5	烩平菇 Braised Oyster Mushrooms	4	烩平菇 Braised Oyster Mushrooms	4	烩平菇 Braised Oyster Mushrooms	4	烩平菇 Braised Oyster Mushrooms	4

西芹鸡柳 Stir-fried celery and chicken fillet	5	西芹鸡柳 Stir-fried celery and chicken fillet	5	西芹鸡柳 Stir-fried celery and chicken fillet	5	香辣虾 Fried shrimin hot and spicy sauce	8	香辣虾 Fried shrimin hot and spicy sauce	8	香辣虾 Fried shrimin hot and spicy sauce	8	香辣虾 Fried shrimin hot and spicy sauce	8
肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5	肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5	肉末蒸娃娃菜 Steamed Baby Cabbage with Minced Pork	3.5	外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5	外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5	外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5	外婆菜炒蛋 Stir-fried eggs with pickled vegetables	4.5
蒜泥豇豆 Stir-fried cowpea with mashed garlic	3	蒜泥豇豆 Stir-fried cowpea with mashed garlic	3	蒜泥豇豆 Stir-fried cowpea with mashed garlic	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3
鸭血豆腐 Stir-fried duck blood and toufu	3	鸭血豆腐 Stir-fried duck blood and toufu	3	鸭血豆腐 Stir-fried duck blood and toufu	3	冬咸菜毛豆 Stir-fried green soy bean with pickles	3	冬咸菜毛豆 Stir-fried green soy bean with pickles	3	冬咸菜毛豆 Stir-fried green soy bean with pickles	3	冬咸菜毛豆 Stir-fried green soy bean with pickles	3
清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5
咖喱土豆条 Curried potato chips	2.5	咖喱土豆条 Curried potato chips	2.5	咖喱土豆条 Curried potato chips	2.5	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3
肉饼蒸蛋 Custard with minced pork	3.5	肉饼蒸蛋 Custard with minced pork	3.5	肉饼蒸蛋 Custard with minced pork	3.5	麻辣豆腐 Spicy bean curd	3	麻辣豆腐 Spicy bean curd	3	麻辣豆腐 Spicy bean curd	3	麻辣豆腐 Spicy bean curd	3
番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2
清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5	红枣蒸南瓜 Steamed pumpkin with red dates	3	红枣蒸南瓜 Steamed pumpkin with red dates	3	红枣蒸南瓜 Steamed pumpkin with red dates	3	红枣蒸南瓜 Steamed pumpkin with red dates	3
韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2
炒青菜 Stir-fried greens	2	炒青菜 Stir-fried greens	2	炒青菜 Stir-fried greens	2	青蒜萝卜片 Sautéed Radish Slices with Green Garlic	2	青蒜萝卜片 Sautéed Radish Slices with Green Garlic	2	青蒜萝卜片 Sautéed Radish Slices with Green Garlic	2	青蒜萝卜片 Sautéed Radish Slices with Green Garlic	2
清炒绿豆芽 Stir-fried mung bean sprouts	1.5	清炒绿豆芽 Stir-fried mung bean sprouts	1.5	清炒绿豆芽 Stir-fried mung bean sprouts	1.5	红烧大素鸡 Braised deep-fried bean curd	1	红烧大素鸡 Braised deep-fried bean curd	1	红烧大素鸡 Braised deep-fried bean curd	1	红烧大素鸡 Braised deep-fried bean curd	1

			腐皮大白菜 Stir-fried greens with beancurd sheet	1.5	腐皮大白菜 Stir-fried greens with beancurd sheet	1.5	腐皮大白菜 Stir-fried greens with beancurd sheet	1.5	炒包心菜 Stir-fried Cabbage	1	炒包心菜 Stir-fried Cabbage	1	炒包心菜 Stir-fried Cabbage	1	炒包心菜 Stir-fried Cabbage	1
			青菜蛋花汤 Green Vegetable Egg Drop Soup	0	青菜蛋花汤 Green Vegetable Egg Drop Soup	0	青菜蛋花汤 Green Vegetable Egg Drop Soup	0	紫菜蛋花汤 Nori and egg soup	0	紫菜蛋花汤 Nori and egg soup	0	紫菜蛋花汤 Nori and egg soup	0	紫菜蛋花汤 Nori and egg soup	0