

INTERNATIONAL CAMPUS, ZHEJIANG UNIVERSITY DINING CENTER THE WEEK MENU (2026.1.19-2026.1.25)																	
DATE		Monday 星期一 Jan.19	¥	Tuesday 星期二 Jan.20	¥	Wednesday 星期三 Jan.21	¥	Thursday 星期四 Jan.22	¥	Friday 星期五 Jan.23	¥	Saturday 星期六 Jan.24	¥	Sunday 星期日 Jan.25	¥		
字体标红的为厨师长推荐菜Dishes highlighted in red are the chef's recommendations.																	
	豆浆 Soy milk	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2	原味豆浆 Soy milk	2		
		咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1	咸豆浆 Salty soy milk	1		
		豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5	豆腐脑 Uncongealed tofu	1.5		
	新鲜牛奶 Milk	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4	牛奶 Milk	4		
	酸奶 Yogurt	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6	原味/红枣味 Yogurt	3.6		
	中式酱菜 Chinese pickles	三款 Three types															
		鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5	鲜肉包 Steamed minced pork bun	1.5
		香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2	香菇鲜肉包 Shiitake Pork Buns	2
		酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2	酸菜包肉包 Steamed Bun with Pickled Mustard Greens and Pork	2
		豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1	豆沙包 Steamed stuffed red bean bun	1

早餐
Breakfast

[illegible]

[illegible]

			蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4	蛋挞 Egg Tart	4
			豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2	豆沙餐包 Red Bean Paste Bun	2
			吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1	吐司 Toast	1
			海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2	海绵蛋糕 Sponge Cake	2
			*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*蒜蓉蒸排骨 (闽) Steamed Spare Ribs with Garlic	9	*小炒肉 (湘) Stir-Fried Pork with Vegetables	5	*小炒肉 (湘) Stir-Fried Pork with Vegetables	5	*小炒肉 (湘) Stir-Fried Pork with Vegetables	5
			*金陵盐水鸭 (苏) Nanjing-Style Salted Duck	5	*金陵盐水鸭 (苏) Nanjing-Style Salted Duck	5	*金陵盐水鸭 (苏) Nanjing-Style Salted Duck	5	*辣炒空心菜 (湘) Stir-Fried Water Spinach with Fermented Black Beans	2.5	*辣炒空心菜 (湘) Stir-Fried Water Spinach with Fermented Black Beans	2.5	*辣炒空心菜 (湘) Stir-Fried Water Spinach with Fermented Black Beans	2.5
			*酸菜鱼 (川) Fish with Pickled Mustard Greens	6.5	*酸菜鱼 (川) Fish with Pickled Mustard Greens	6.5	*酸菜鱼 (川) Fish with Pickled Mustard Greens	6.5	*肉片炒豆腐干 (川) Stir-Fried Pork Slices with Dried Tofu	4	*肉片炒豆腐干 (川) Stir-Fried Pork Slices with Dried Tofu	4	*肉片炒豆腐干 (川) Stir-Fried Pork Slices with Dried Tofu	4
			*酸辣魔芋丝 (川) Sour and Spicy Konjac Noodles	3	*酸辣魔芋丝 (川) Sour and Spicy Konjac Noodles	3	*酸辣魔芋丝 (川) Sour and Spicy Konjac Noodles	3	*蛋黄焗山药 (闽) Salt-Baked Yam with Egg Yolk	4	*蛋黄焗山药 (闽) Salt-Baked Yam with Egg Yolk	4	*蛋黄焗山药 (闽) Salt-Baked Yam with Egg Yolk	4
			*高邮汪豆腐 (苏) Stewed Duck Blood and Tofu	3	*高邮汪豆腐 (苏) Stewed Duck Blood and Tofu	3	*高邮汪豆腐 (苏) Stewed Duck Blood and Tofu	3	*徽州炒粉丝 (徽) Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝 (徽) Huizhou-style Fried Vermicelli	3.5	*徽州炒粉丝 (徽) Huizhou-style Fried Vermicelli	3.5
			*青蒜炒蛋 Stir-fried Garlic Scrambled Eggs	3.5	*青蒜炒蛋 Stir-fried Garlic Scrambled Eggs	3.5	*青蒜炒蛋 Stir-fried Garlic Scrambled Eggs	3.5	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6
			*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*临沂炒鸡 (鲁) Linyi Stir-Fried Chicken	6	*椒麻小酥肉 (川) Crispy Fried Chicken	6	*椒麻小酥肉 (川) Crispy Fried Chicken	6	*椒麻小酥肉 (川) Crispy Fried Chicken	6
			*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*菌菇排骨汤 (蒸) Mushroom and Pork Rib Soup	7	*黄花菜蒸鸡 (蒸) Steamed Chicken with Daylily Flowers	7	*黄花菜蒸鸡 (蒸) Steamed Chicken with Daylily Flowers	7	*黄花菜蒸鸡 (蒸) Steamed Chicken with Daylily Flowers	7
			*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5	*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5	*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5	*干菜蒸肉 (蒸) Steamed Pork with Dried Vegetables	6	*干菜蒸肉 (蒸) Steamed Pork with Dried Vegetables	6	*干菜蒸肉 (蒸) Steamed Pork with Dried Vegetables	6

二楼 2F	午餐及 晚餐 Lunch & Dinner	中餐自选 Daily Dishes	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat	3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat	3	*肉末蒸蛋 (蒸) Steamed Egg with Minced Meat	3	*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5	*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5	*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5	*养生狮子头 (蒸) Steamed Lion's Head Meatballs	5
			*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork	3.5	*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork	3.5	*咸肉娃娃菜 (蒸) Steamed Baby Cabbage with Salted Pork	3.5	*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4	*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4	*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4	*银鱼蒸蛋 (蒸) Steamed Egg with Whitebait	4
			*带鱼蒸肉饼 (蒸) Steamed Minced Pork Patty with Ribbon Fish	7	*带鱼蒸肉饼 (蒸) Steamed Minced Pork Patty with Ribbon Fish	7	*带鱼蒸肉饼 (蒸) Steamed Minced Pork Patty with Ribbon Fish	7	*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5	*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5	*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5	*葱油金针菇 (蒸) Enoki Mushrooms with Scallion Oil	3.5
			白切肉 Boiled sliced pork	7	白切肉 Boiled sliced pork	7	白切肉 Boiled sliced pork	7	木须肉 Moo Shu Pork	4.5	木须肉 Moo Shu Pork	4.5	木须肉 Moo Shu Pork	4.5	木须肉 Moo Shu Pork	4.5
			蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic	6	蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic	6	蒜香辣子鸡 Stir-fried spicy chicken nuggets with garlic	6	辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7	辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7	辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7	辣炒鸡胗 Stir-fried chicken gizzard with spicy sauce	7
			五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12	五香牛肉 Spiced beef	12
			萝卜鸭块 Braised duck cutlets with radish	4.5	萝卜鸭块 Braised duck cutlets with radish	4.5	萝卜鸭块 Braised duck cutlets with radish	4.5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5	香酥鸭 Crispy fried duck	5
			椒盐大虾 Salt and Pepper Prawns / Shrimp	8	椒盐大虾 Salt and Pepper Prawns / Shrimp	8	椒盐大虾 Salt and Pepper Prawns / Shrimp	8	剁椒鲮鱼 Steamed Pomfret with Chopped Chili	4.5	剁椒鲮鱼 Steamed Pomfret with Chopped Chili	4.5	剁椒鲮鱼 Steamed Pomfret with Chopped Chili	4.5	剁椒鲮鱼 Steamed Pomfret with Chopped Chili	4.5
			广式鲈鱼 Steamed bass with Cantonese style	7	广式鲈鱼 Steamed bass with Cantonese style	7	广式鲈鱼 Steamed bass with Cantonese style	7	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8	盐水虾 Brine prawn	8
			油豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	油豆腐烧肉 Braised pork and oil tofu in soy sauce	4.5	东坡肉 Braised Dongpo pork	5	东坡肉 Braised Dongpo pork	5	东坡肉 Braised Dongpo pork	5	东坡肉 Braised Dongpo pork	5
			红烧鱼块 Braised fish block in brown sauce	5	红烧鱼块 Braised fish block in brown sauce	5	红烧鱼块 Braised fish block in brown sauce	5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5	土豆鸡块 Stir-fried chicken nuggets with potato	4.5
			黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	黑椒鸡排 Chicken cutlet in black pepper	4.5	葱油草鱼 Steamed grass carp with scallion	4.5	葱油草鱼 Steamed grass carp with scallion	4.5	葱油草鱼 Steamed grass carp with scallion	4.5	葱油草鱼 Steamed grass carp with scallion	4.5

红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	红烧大排 Braised pork chop in soy sauce	4.5	清汤小肉丸 Clear Soup with Mini Meatballs	5	清汤小肉丸 Clear Soup with Mini Meatballs	5	清汤小肉丸 Clear Soup with Mini Meatballs	5	清汤小肉丸 Clear Soup with Mini Meatballs	5
麻辣鸭血 Braised duck blood in spicy sauce	4	麻辣鸭血 Braised duck blood in spicy sauce	4	麻辣鸭血 Braised duck blood in spicy sauce	4	白切鸡 Boiled sliced chicken	5	白切鸡 Boiled sliced chicken	5	白切鸡 Boiled sliced chicken	5	白切鸡 Boiled sliced chicken	5
韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	韭菜炒蛋 Stir-fried leek with egg	3.5	辣子鸡丁 Stir-fried spicy chicken nuggets	5	辣子鸡丁 Stir-fried spicy chicken nuggets	5	辣子鸡丁 Stir-fried spicy chicken nuggets	5	辣子鸡丁 Stir-fried spicy chicken nuggets	5
清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3	干锅花菜 Dry-fried cauliflower	3
番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3	清炒西兰花 Stir-fried broccoli	3
外婆菜豇豆 Style Pickled Vegetables with Long Beans	3	外婆菜豇豆 Style Pickled Vegetables with Long Beans	3	外婆菜豇豆 Style Pickled Vegetables with Long Beans	3	豇豆香干 Stir-fried Long Beans with Dried Tofu	3	豇豆香干 Stir-fried Long Beans with Dried Tofu	3	豇豆香干 Stir-fried Long Beans with Dried Tofu	3	豇豆香干 Stir-fried Long Beans with Dried Tofu	3
双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5	双椒山药 Fried Chinese yam with green and red pepper	3.5	香辣翅根 Fried chicken wing	2.5/个	香辣翅根 Fried chicken wing	2.5/个	香辣翅根 Fried chicken wing	2.5/个	香辣翅根 Fried chicken wing	2.5/个
土豆茄子 Braised Potato and Eggplant	3	土豆茄子 Braised Potato and Eggplant	3	土豆茄子 Braised Potato and Eggplant	3	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5	番茄炒蛋 Stir-fried egg with tomato	2.5
清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒毛毛菜 Stir-fried greens	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2	清炒娃娃菜 Stir-fried baby Chinese cabbage	2
清炒花菜 Stir-fried cauliflower	2.5	清炒花菜 Stir-fried cauliflower	2.5	清炒花菜 Stir-fried cauliflower	2.5	腐皮青菜 Stir-fried greens with beancurd sheet	2	腐皮青菜 Stir-fried greens with beancurd sheet	2	腐皮青菜 Stir-fried greens with beancurd sheet	2	腐皮青菜 Stir-fried greens with beancurd sheet	2
油豆腐大白菜 Stir-Fried Tofu Puffs with Napa Cabbage	1.5	油豆腐大白菜 Stir-Fried Tofu Puffs with Napa Cabbage	1.5	油豆腐大白菜 Stir-Fried Tofu Puffs with Napa Cabbage	1.5	炒包心菜 Stir-fried Cabbage	1	炒包心菜 Stir-fried Cabbage	1	炒包心菜 Stir-fried Cabbage	1	炒包心菜 Stir-fried Cabbage	1
清炒西南瓜 Stir-fried cocozelle	2	清炒西南瓜 Stir-fried cocozelle	2	清炒西南瓜 Stir-fried cocozelle	2	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5	清炒丁香片 Stir-fried carrot slices	2.5

			清炒土豆丝 Stir-fried shredded potatoes	1.5	清炒土豆丝 Stir-fried shredded potatoes	1.5	清炒土豆丝 Stir-fried shredded potatoes	1.5	清炒冬瓜 Stir-fried wax gourd	1.5	清炒冬瓜 Stir-fried wax gourd	1.5	清炒冬瓜 Stir-fried wax gourd	1.5	清炒冬瓜 Stir-fried wax gourd	1.5
			紫菜蛋花汤 Green Vegetable Egg Drop Soup	0	紫菜蛋花汤 Green Vegetable Egg Drop Soup	0	紫菜蛋花汤 Green Vegetable Egg Drop Soup	0	青菜蛋花汤 Green Vegetable Egg Drop Soup	0	青菜蛋花汤 Green Vegetable Egg Drop Soup	0	青菜蛋花汤 Green Vegetable Egg Drop Soup	0	青菜蛋花汤 Green Vegetable Egg Drop Soup	0